



BLACKWOOD, NJ PHONE: 232-9099 www.themeadowsdiner.com

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COURIER-POST

MESSAGE OF APPRECIATION

A friendly "THANK YOU" for your patronage and for the confidence you have placed in us. We take pride in providing you with the best possible service. We will always do everything we can to assure complete satisfaction. Again, our thanks for your patronage; we're looking forward to many more opportunities of serving you in the future.



Enjoy Your Breakfast!



BREAKFAST SPECIALS

Cooked to Your Perfection • Please Order by Number Breakfast Specials Include Small Juice and Coffee or Hot Tea



CREAMED CHIPPED BEEF

over Homemade Biscuit or Toast and Home Fried Potatoes 12.99

(4) GOLDEN BROWN PANCAKES

Served with Butter and Maple Syrup 8.99 with Your Choice of Bacon, Ham, Scrapple, Link Sausage or Spicy Sausage Patty 11.69

GOLDEN BROWN FRENCH TOAST

Served with Butter and Maple Syrup 8.99 with Your Choice of Bacon, Ham, Scrapple, Link Sausage or Spicy Sausage Patty 11.69

PROTEIN OMELETTE 🎔

Sliced Turkey, Avocado, Egg White Omelette Served with Cottage Cheese, Toast & Jelly 12.49

MEADOWS BREAKFAST WRAP

Scrambled Eggs, Cheese and Your Choice of Ham, Bacon or Sausage in a Warm Tortilla, Served with Home Fried Potatoes 11.99

SIRLOIN STEAK (10 OZ.) & EGGS

Served with Home Fried Potatoes, Toast, Butter & Jelly 24.99

SPANISH OMELETTE

Served with Home Fried Potatoes, Toast, Butter and Jelly 10.79

TWO EGGS (ANY STYLE)

Served with Home Fried Potatoes, Toast, Butter and Jelly 8.59 with Your Choice of Bacon, Ham, Scrapple, Link Sausage or Spicy Sausage Patty 10.59

RED, WHITE & BLUE WAFFLE

Belgian Waffle Topped with Strawberries, Bananas and Blueberries 11.99

CHOICE OF CEREAL

"Hot or Cold" 5.99 with Bananas 6.99 with Strawberries 7.99

GOLDEN BROWN PANCAKES

Served with Your Choice of Fresh Strawberries, Bananas or Blueberries 10.99

FISH N' GRITS Fried Filet of Flounder Served with a Bowl of Grits 13.99

CRAZY GREEK OMELETTE

Three Egg Omelette with Spinach, Feta, Tomatoes, Home Fried Potatoes and Toast, OPA! 10.49

HATFIELD HAM STEAK & EGGS

Served with Home Fries Potatoes, Toast, Butter and Jelly 14.49

BREAKFAST BURGER

8 oz. Angus Burger Topped with a Fried Egg, Bacon and American Cheese, Served with Home Fries 13.99

BREAKFAST CHEESE STEAK

Scrambled Eggs with Chopped Steak Meat, Bacon and American Cheese, Served on a Long Roll, Includes Home Fries 13.99



MEADOW'S HEALTHY CHOICE

#I MEADOW'S CHOICE

Egg White Omelette with Mushrooms, Tomatoes, Broccoli and Asparagus, Served with Scoop of Cottage Cheese 11.69

#2 LOADED GREEK YOGURT

Greek Yogurt Topped with Walnuts, Dried Cranberries, Granola & Honey 8.29

#3 EGG WHITE OMELETTE

With Spinach, Tomatoes and Onions, Served with Scoop of Cottage Cheese 10.99



FARM FRESH EGGS

Served with Home Fried Potatoes, Toast, Butter & Jelly

ONE EGG "Any Style" 6.49 with Sausage, Bacon or Scrapple 8.99 with Canadian Bacon, Hot or Sweet Italian Sausage, Taylor Pork Roll, Ham, Turkey Link Sausage or Chorizo Sausage Patty (Spicy) 9.19

TWO EGGS (Any Style) 7.49

with Sausage, Bacon or Scrapple 9.99 with Canadian Bacon, Hot or Sweet Italian Sausage, Taylor Pork Roll, Ham, Turkey Link Sausage or Chorizo Sausage Patty (Spicy) 10.19

> Egg Whites or Egg Beaters \$1.99 Extra Add Cheese \$1.99 Extra

3 EGG OMELETTES

Western Omelette 10.99 Spanish Omelette 10.59 Lox & Onion Omelette 12.49 Chili & Cheddar Omelette 12.99 Greek Omelette Spinach, Feta & Tomato 11.49 Vegetable Omelette with Broccoli, Asparagus, Peppers, Onions, Tomatoes and Mushrooms 11.09 Cheesesteak Omelette 12.99 Meatlover's Omelette Bacon, Ham & Sausage 11.59 Country Style Omelette with Sausage, Ham, Peppers, Onion and Tomato 11.49 Protein Omelette Sliced Roasted Turkey, Avocado and Egg White Omelette, Served with Cottage Cheese 11.99

CREATE YOUR OWN OMELET PLAIN OMELET \$8.39

CHEESES... \$1.99 Each Provolone - Swiss Cheddar - American Feta - \$2.25

VEGGIES...75¢ Each Mushrooms - Broccoli Spinach - Tomatoes Peppers - Onions - Asparagus

MEATS...\$1.25 Each Ham - Bacon - Sausage Canadian Bacon - Salami Turkey Sausage - \$1.35

All of the Above Served with Home Fried Potatoes and Toast with Butter & Jelly



ULTIMATE HUNGRYMAN

Pancakes, French Toast or Waffle, Two Eggs (Any Style), Choice of Breakfast Meat (Bacon, Ham, Sausage, Scrapple, Pork Roll) and Homefries 14.99

MEADOW'S SPECIAL

(1) Slice of French Toast, (1) Hot Cake, (2) Eggs (any style),
(1) Link of Sausage, (1) Slice of Bacon and
(1) Slice of Canadian Bacon 11.49

LUCKY TWO

2 Pancakes, 2 French Toast, 2 Eggs, 2 Strips of Bacon and 2 Sausage Links 12.99

BISCUITS & GRAVY

Freshly Baked Biscuits Topped with Our Homemade Sausage Gravy, Served with Home Fries 12.99

EGGS BENEDICT

Two Poached Eggs on an English Muffin with Canadian Bacon, Topped with Hollandaise Sauce 12.49

> CHORIZO SAUSAGE & EGGS BENEDICT 12.79 LOX BENEDICT 13.99 CRABBY BENEDICT 14.99

CHICKEN N' WAFFLE

Our Homemade Waffle Topped with Crispy Chicken Tenders 13.99 Smothered with Sausage Gravy 15.49

HOME MADE CORNED BEEF HASH

Served with (2) Eggs (Any Style), Home Fried Potatoes and Toast 10.99

PANCAKES

Served with Butter & Syrup • Gluten-Free Pancakes \$1.00 Upcharge

GOLDEN BROWN BUTTERMILK PANCAKES (4) 8.49

with Two Eggs (Any Style) 10.49 with Scrapple, Bacon or Sausage 10.49 with Canadian Bacon, Hot or Sweet Italian Sausage, Taylor Pork Roll, Ham, Turkey Link Sausage or Chorizo Sausage Patty (Spicy) 10.59 with Fresh Strawberries 10.69 with Blueberry, Cherry or Apple Topping 10.49 **FRESH BLUEBERRY PANCAKES** 10.49 **CHOCOLATE CHIP PANCAKES** 10.49 SHORT STACK OF PANCAKES (3) 7.99 with Two Eggs (Any Style) 9.99 with Scrapple, Bacon or Sausage 9.99 with Canadian Bacon, Hot or Sweet Italian Sausage, Taylor Pork Roll, Ham, Turkey Link Sausage or Chorizo Sausage Patty (Spicy) 10.19 with Fresh Strawberries 10.19 SHORT STACK OF BLUEBERRY PANCAKES 9.99 SHORT STACK OF CHOCOLATE CHIP PANCAKES 9.99 ONE PANCAKE 3.99

Add Nutella \$1.99 Extra





NEW! SPECIALTY HOT CAKES, FRENCH TOAST & WAFFLES

Chocolate Covered Strawberry chocolate chips, covered with strawberries, nutella and whipped cream Harvest dried cranberries, walnuts, almonds,

cinnamon sugar and topped with whipped cream **Oreo** oreo pieces, nutella and vanilla drizzle

Caramel Apple

apple compote, granola and caramel drizzle

YOUR CHOICE \$12.99 Banana Nut pancakes topped with bananas, walnuts,

almonds and whipped cream **Granola Parfait** low fat Greek yogurt, granola, strawberries, blueberries, almonds and honey **Freedom** strawberries, blueberries and bananas

& whipped cream Chunky Monkey granola, chocolate chips, bananas, vanilla and chocolate drizzle

FRENCH TOAST

Served with Butter & Syrup (Gluten-Free French Toast \$1.00 Extra)

GOLDEN BROWN FRENCH TOAST 8.49

with Two Eggs (Any Style) 10.49 with Scrapple, Bacon or Sausage 10.49 with Canadian Bacon, Hot or Sweet Italian Sausage, Taylor Pork Roll, Ham, Turkey Link Sausage or Chorizo Sausage Patty (Spicy) 10.69 with Fresh Strawberries 10.49



SHORT STACK OF FRENCH TOAST 7.99 with Two Eggs (Any Style) 9.99 with Scrapple, Bacon or Sausage 9.99 with Canadian Bacon, Hot or Sweet Italian Sausage, Taylor Pork Roll, Ham, Turkey Link Sausage or Chorizo Sausage Patty (Spicy) 10.19

Raisin French Toast 8.49

with Scrapple, Bacon or Sausage 10.69 with Canadian Bacon, Hot or Sweet Italian Sausage, Taylor Pork Roll, Ham, Turkey Link Sausage or Chorizo Sausage Patty (Spicy) 10.79 Add Nutella \$1.99 Extra





SMOTHERED WAFFLE SUNDAE

Our Famous Waffle Always Cooked Fresh with Your Choice of Ice Cream, Wet Nuts, Whipped Cream and Hershey's Chocolate Syrup 11.49 MANNE

BELGIAN WAFFLE 8.49 with Ice Cream 10.49 with Blueberry, Cherry, Apple Topping and Whipped Cream 10.79 with Fresh Strawberries & Whipped Cream 11.09 with Two Eggs on Top 10.49 with Bacon, Sausage or Scrapple 10.49 with Canadian Bacon, Hot or Sweet Italian Sausage, Taylor Pork Roll, Ham, Turkey Link Sausage or Chorizo Sausage Patty (Spicy) 10.79 **CHOCOLATE CHIP WAFFLE** 9.99

Add Nutella \$1.99 Extra



KID'S BREAKFAST MENU

For Kids Only (Must be Under 12 Years of Age) PLEASE NO ADULTS Served with Choice of Milk or Chocolate Milk or Juice (No Refills) (EAT-IN ONLY)

MICKEY One Mickey Pancake, Two Pieces of Bacon or Sausage

SPONGEBOB One Piece of French Toast, Two Pieces of Bacon or Sausage MINNIE MOUSE Two Chocolate Chip Pancakes

DORA One Egg (Any Way), Two Pieces of Bacon or Sausage, Home Fries and Toast

CAPTAIN AMERICA Six Silver Dollar Pancakes with Two Pieces of Bacon or Sausage SPIDERMAN Two Egg Cheese Omelette with Home Fries and Toast



BREAKFAST WRAPS

Served with Home Fried Potatoes

WESTERN EGG SANDWICH with Eggs, Peppers, Onions, Diced Ham & Sharp Cheddar Cheese

GREEK WRAP with Eggs, Sausage, Tomato, Spinach & Feta Cheese

SOUTHWESTERN WRAP with Eggs, Onions, Peppers, Chorizo Sausage & Sharp Cheddar Cheese

AVOCADO TOAST Poached Eggs, Sliced Tomatoes and Avocado on Toasted Whesat, Topped with Parsley Served with a Side of Cottage Cheese 11.99

BREAKFAST QUESADILLA Scrambled Eggs, Your Choice of Meat, Cheddar, Onions and Peppers "Quesadilla Style," in a Folden Tortilla. Servged with a Side of Salsa and Sour Cream 11.29

BREAKFAST SANDWICHES Served with Home Fried Potatoes

TWO FRIED EGGS SANDWICH 7.19 WESTERN EGG SANDWICH 8.69 FRIED EGG & BACON OR HAM OR SAUSAGE 7.99 WITH PORK ROLL 9.19

> Made with Egg Whites or Egg Beaters \$1.99 Extra Sandwiches Served on a Bagel or Croissant 79¢ Extra

With Cheese \$1.99 Extra

SIDE ORDERS

HOME FRIED POTATOES 4.99 COUNTRY BACON (4 SLICES) 4.59 LINK SAUSAGE (4 LINKS) 4.59 RAPA SCRAPPLE 4.49 ITALIAN SAUSAGE (hot or sweet) 4.89 CANADIAN BACON OR SMOKED HAM 4.79 TAYLOR PORK ROLL 4.79 CHORIZO SAUSAGE PATTIES 4.69 HOMEMADE CORNED BEEF HASH 4.89 TURKEY SAUSAGE 4.79 SIDE OF CHIPPED BEEF 5.59 WHITE HOMINY GRITS CUP 3.99

FRESH PASTRIES, MUFFINS & TOAST



ASSORTED HOMEMADE DANISH PASTRY with Butter 3.89 APPLE TURNOVER 3.79 BROWNIE 4.19 HOMEMADE CINNAMON BUN with Butter 3.89 CORN, BLUEBERRY OR BRAN MUFFIN 3.89 ENGLISH MUFFIN with Butter & Jelly 2.99 TOAST with Butter & Jelly 23929 CINNAMON TOAST (3) 3.09 RAISIN TOAST (3) 2.99

BAGEL SPOT

TOASTED BAGEL with Butter 2.99 TOASTED BAGEL with Cream Cheese 4.19

TOAST BAGEL WITH LOX SPECIAL

Lox with Cream Cheese, Onions, Lettuce, Tomato, Cucumber, Green Peppers and Olives 14.49



COLD CRISP CEREAL with Milk 4.19 with Banana 5.19 with Strawberries 5.69 HOT OATMEAL 4.69 with Raisins 5.29 with Honey, Cinnamon & Walnuts 5.29

GREEK YOGURT

in a Cup with Honey 5.19 with Walnuts, Diced Banana & Cinnamon 6.19 with Fresh Strawberries and Blueberries 7.19

FRUITS & JUICES

FRESH FRUIT SALAD IN A CUP Served with Cottage Cheese 8.19
FRESH STRAWBERRIES (IN SEASON) 5.19
Tomato Juice • Apple Juice • Pineapple Juice
Prune Juice • Florida Orange Juice • Grapefruit Juice
Small \$2.99 • Medium \$3.39 • Large \$4.39

BEVERAGES

HOT COFFEE 3.09 DECAFFEINATED COFFEE 3.09 HOT TEA WITH CREAM OR LEMON 3.09 DECAFFEINATED TEA 3.09 HERBAL TEA 3.39 HOT CHOCOLATE 3.69 MILK SMALL 3.39 LARGE 3.99 CHOCOLATE MILK SMALL 3.59; LARGE 4.09 ICED TEA OR ICED COFFEE 3.39 VARIETY OF SODAS 3.39 LEMONADE 3.09 BOTTLED WATER 2.39

Our Goal is to Provide You with the Finest Quality in Food & Service. If for Some Reason Your Meal Does Not Meet These High Standards, Please Inform Our Management Immediately. We are Grateful to Each and Every One of Our Guests!

18% Gratuity Added to Parties of 8 or More

Please No Substitutions • Photos are for Suggestion Only • Actual Platters May Appear Different